



SCHOOLS SPORTS BROCHURE

2025

ABOUT US

Chester FC Community Trust is the official charity and club community organisation of Chester Football Club. We work closely with local schools to deliver high-quality PE, school sport, and enrichment activities that help young people thrive both on and off the pitch.



OUR VISION

We're building **happier, healthier, and more inclusive** communities with Chester FC at their heart – where every child has the chance to shine and reach their full potential.

OUR PURPOSE

We use the power of sport, education, and teamwork to inspire young people, promote healthy lifestyles, and make a positive difference across Cheshire West.

OUR VALUES

- Ambitious** – We aim high and support every pupil to do their best through fun, engaging sessions.
- Inclusive** – Everyone is welcome. We celebrate what makes each child unique.
- Passionate** – We love what we do and are driven to inspire the next generation.
- Proud** – We take pride in our work and in being part of the Chester FC family.
- Respectful** – We treat everyone with kindness, fairness, and care.

WHAT WE OFFER

At Chester FC Community Trust, we're proud to offer schools the opportunity to become a Partner School through a selection of flexible, tailored packages.

We understand that every school is unique – with different needs, priorities, and timetables. That's why we work closely

with each school to create a customised package that fits you best.

This brochure outlines all the activities and programmes we offer. You can mix and match sessions to build a package that works for your pupils and staff. Whether you're looking for weekly PE support, after-school

PARTNER SCHOOL PACKAGES

clubs, lunchtime activities, or themed enrichment days – we've got you covered.

Best of all, our delivery is designed to be flexible. If you'd like to combine several activities into one day or adapt the schedule to suit your school's needs, we're happy to make it happen.

CURRICULUM	EXTRA CURRICULAR
<ul style="list-style-type: none"> • PPA • GULP (Give Up Loving Pop) • Career Assemblies • Stadium Tours (History of sport, Geographical landmarks, PSHE in the Community) • Positive Behaviour workshop 	<p>All of the below can be delivered as Breakfast, Lunchtime or Afterschool provisions;</p> <ul style="list-style-type: none"> • Football • Dodgeball • Cricket • Athletics • Netball • Multi-skills & Teambuilding • Tag Rugby • Other sports (on request)

Example Package Offers:

FULL DAY <i>(across multiple year groups or one year group if preferred)</i>	BREAKFAST CLUB (7:45-8:30AM)	GULP (FLEXIBLE TIMINGS)	LUNCHTIME CLUB (12:15-1:15PM)	PPA (1:30-2:30 / 1:30-3PM)	AFTERSCHOOL CLUB (3:30-4:30PM)
HALF DAY <i>(across multiple year groups or one year group if preferred)</i>	BREAKFAST CLUB (7:45-8:30AM)	GULP (FLEXIBLE TIMINGS)	LUNCHTIME CLUB (12:15-1:15PM)		
			LUNCHTIME CLUB (12:15-1:15PM)	PPA (1:30-2:30 / 1:30-3PM)	AFTERSCHOOL CLUB (3:30-4:30PM)

All of our packages are completely bespoke and designed to meet the unique needs of your school. We offer flexible timings and a wide choice of activities and

sessions, allowing you to build a programme that works best for your pupils and staff.

Our experienced team will work with you to adapt and deliver

sessions that fit seamlessly into your school's schedule—whether that's during curriculum time, or as part of before-school, lunchtime, or after-school provision.

For more information or to discuss a tailored package, please get in touch – we'd love to hear from you!

FREE PE SUPPORT OFFER FOR SCHOOLS

We're excited to offer **FREE46** – our free 6-week PPA support package designed to help schools enhance their PE and curriculum delivery.

This offer includes:

- ✓ 1 hour of high-quality PE delivery per week for 6 weeks – completely free!

To take advantage of this fantastic offer, we kindly ask schools to consider purchasing one of our extracurricular clubs (breakfast, lunchtime, or after school). Prices start from just £25.

We offer full flexibility:

We can manage paid clubs directly, liaising with parents and handling payments.

OR

The school can choose to pay us directly for the sessions.



"All children engaged. Good relationships formed with the children. They were very excited to have the opportunity to play with professional players"

- Lache Primary School

Please note: each school can access the FREE46 offer once per academic year

SESSIONS OVERVIEW

PPA PE

- ✓ Supports teacher workload by providing structured cover during PPA time.
- ✓ Ensures pupils still receive quality PE lessons while their teacher is planning.
- ✓ Delivered by qualified coaches or PE professionals, like those from Chester FC Community Trust.
- ✓ Helps schools meet their PE curriculum requirements.
- ✓ Offers pupils a variety of physical activities that promote health, teamwork, and skill development.

GULP - GIVE UP LOVING POP

A health and wellbeing programme designed for primary school pupils to help them understand the impact of sugary drinks on their health and encourage healthier choices. It's a fun, educational initiative that aims to reduce children's consumption of sugary drinks by raising awareness and building healthier habits early on.

Key aims of GULP in primary schools:



EDUCATE

children on the health risks linked to high sugar intake (e.g., tooth decay, obesity).



EMPOWER

pupils with knowledge to make healthier drink choices.



ENCOURAGE

behavioural change in a supportive and engaging way



CHALLENGES

the class to give up sugary drinks through a 21-day pledge.

Includes a 45-minute classroom based workshop followed by a 45 minute practical session to reinforce learning through physical activity.

Designed for Year 3 & Year 4 pupils.

Delivered over a 4-week programme (Wk1: Introduction workshop, Wk2: Oral hygiene, Wk3: Sugar detectives, Wk4 Hydration).

Funded by Food Active and Cheshire West and Chester Council, allowing schools to access it free of charge.

CAREER ASSEMBLIES FOR PRIMARY SCHOOLS

Our Career Assemblies are an exciting and engaging way to introduce young learners in primary schools to the wide range of careers available in sport and football – both on and off the pitch.

Designed for Key Stage 2 pupils, these assemblies aim to inspire children by showing them how their passions, skills, and interests can lead to future opportunities within the sports industry and beyond.

What Do Our Career Assemblies Include?

- ✓ **Interactive Presentations** - We explore the different roles at a football club – from professional footballers to coaches, physiotherapists, media officers, groundskeepers, nutritionists, and more.
- ✓ **Real-Life Examples** - We share stories and career journeys of people who work at Chester FC, helping pupils understand how they got into their roles and what their jobs involve.
- ✓ **Skills and Aspirations Focus** - Pupils are encouraged to think about their own strengths, interests, and dreams, making links between school subjects and potential future careers.
- ✓ **Q&A Sessions** - Pupils get the chance to ask questions and engage in discussions, helping build confidence and curiosity about the world of work.
- ✓ **Careers in the Community** - We highlight how careers in sport can also have a positive impact on communities – like the work we do through coaching, health, and education programmes.

Key benefits for pupils:



Raises aspirations and broadens horizons



Links learning to the real world



Builds understanding of teamwork, responsibility, and goals



Encourages a positive mindset towards the future



Career Assemblies can be delivered as a stand-alone session or as part of a themed day or enrichment week.



STADIUM TOURS AT CHESTER FC - A UNIQUE LEARNING EXPERIENCE

A Chester FC Stadium Tour offers pupils a fun and educational opportunity to explore behind the scenes of a real working football club, bringing learning to life beyond the classroom.

What pupils will experience:



EXPLORE THE DEVA STADIUM

Step inside areas not usually open to the public, including the players' tunnel, changing rooms, dugouts, press area, and even the manager's office!



GO BEHIND THE SCENES

Discover what happens in the build-up to a match day – from kit preparation to media setup and team talks – helping pupils understand the teamwork and organisation that goes into running a football club.



LEARN ABOUT CLUB HISTORY

Find out about the proud history of Chester FC and its role in the local community. Pupils will explore the club's journey, achievements, and values – giving them a deeper sense of local heritage and sporting culture.



INTERACTIVE AND ENGAGING

Tours are tailored to be age-appropriate and curriculum-linked, encouraging pupils to ask questions, think critically, and reflect on what they've learned.

Benefits for learners:

- ✓ Builds awareness of local history and community identity
- ✓ Enhances understanding of careers in sport and event management
- ✓ Sparks curiosity through real-life, hands-on learning
- ✓ Encourages teamwork, communication, and observation skills

Stadium tours can be booked as a standalone visit or combined with a workshop or PE session to create a full day of enrichment and inspiration.

Get in touch to book your school's tour today!



PRIMARY AND SECONDARY SCHOOL PROGRAMMES



Inspiring the Next Generation Through Sport, Education & Community

At Chester FC Community Trust, we offer a range of bespoke programmes and enrichment opportunities for primary and secondary schools that can be tailored to meet the unique needs of your students. **What we offer:**

POSITIVE BEHAVIOUR WORKSHOPS

Aimed at Years 7–11, our workshops explore the impact of behaviour at football matches and in the wider community. Through classroom discussion and practical activities, we promote respect, responsibility, and positive decision-making.

What the workshop includes:

CLASSROOM-BASED DISCUSSION (45 MINS)

Students engage in open discussions about behavior at sports events and in communities, exploring real-life scenarios, sharing experiences, and learning the impact of positive and negative actions.

PRACTICAL SESSION (45 MINS)

The workshop includes an interactive sport-based activity that reinforces teamwork, respect, and communication through play.

CAREERS ASSEMBLIES AND WORKSHOPS

Engaging sessions introduce students to diverse careers in the football and sports industry, including coaching, media, physiotherapy, and groundskeeping.

- Includes real-life career journeys from Chester FC staff
- Highlights key skills and links between education and employment
- Encourages students to reflect on their own aspirations

EXTRA-CURRICULAR FOOTBALL CLUBS

We deliver high-quality football sessions for:

- Primary and secondary boys', girls', and mixed teams
- Established primary and secondary school teams or complete new-starter groups

All clubs can be school-funded or run as a parent-paid service – we can handle all administration and payment collection on your behalf.

CHESTER FC SCHOOLS FOOTBALL LEAGUE

Schools can take part in our competitive football league, played after school at King George V Sports Hub, Chester.

- Open to KS3 and KS4 teams
- Matches played throughout the academic year
- Trophies and prizes awarded to winners

INTER-SCHOOL COMPETITIONS

We support schools in planning and delivering sport events that bring learning to life:

- Intra and inter-school competitions and festivals
- Access to national events like the National League Trust U11s Schools Cup
- Support in preparing school teams for fixtures and leagues
- Event planning, coordination, and delivery managed by our team

POST-16 FOOTBALL EDUCATION PROGRAMME



Study with Chester FC Community Trust and gain a Level 3 Extended Diploma in Sport, equivalent to 3 A-Levels.

Choose from two specialist pathways:

ELITE FOOTBALL

(Playing focus)

- ✓ Hands-on work experience with our community programmes
- ✓ Opportunities to earn FA coaching badges
- ✓ Access to paid coaching work alongside study
- ✓ Perfect preparation for university or a career in sport

SPORTS COACHING

(Development & leadership focus)



WHY CHOOSE US?



Fully qualified and experienced coaches



Flexible delivery to suit your timetable



Programmes linked to key curriculum and wellbeing outcomes



Trusted community organisation backed by Chester FC

“It has been particularly impressive to see how the two coaches help learners with SEN/D needs. They have shown an understanding as to when to gently challenge and when to provide a different type of care to ensure the learners regulate appropriately”

- Firs Primary School

OPERATING STANDARDS AND BECOMING A PARTNER SCHOOL



Delivering High-Quality, Safe, and Inclusive School Sport Provision

At Chester FC Community Trust, we take pride in maintaining the highest standards in the delivery of school sport, enrichment, and education programmes. We are committed to creating a safe, inclusive, and positive environment where every young person can thrive through physical activity and learning.

OUR OPERATING STANDARDS

- ✓ **Safeguarding first**
The safety and wellbeing of children is our top priority. We are fully committed to safeguarding and follow strict procedures to ensure all sessions are delivered responsibly and with care.
- ✓ **Fully qualified staff**
All sessions are delivered by our experienced team of coaches, who hold FA Level 2 coaching qualifications (or higher), first aid and safeguarding training, enhanced DBS checks, national curriculum knowledge, CPD training for ongoing development and multisport and multi-skills certifications.
- ✓ **Inclusive delivery**
We ensure every session is designed to be inclusive and accessible, supporting pupils of all abilities and backgrounds to enjoy and benefit from physical activity.

BECOME A PARTNER SCHOOL

We work closely with schools to create bespoke packages that align with your needs – from curriculum PE and enrichment days to extracurricular clubs, workshops, and events.

Partner Schools benefit from tailored, flexible programmes, high-quality coaching and delivery, access to additional enrichment activities and community events and opportunities for student engagement beyond the school day.

Interested?

We'd love to discuss how we can support your school and students.

Jay Gilmartin – School Sports Co-ordinator / Coach
jay.gilmartin@chesterfc.com

Anna Price – Community Engagement Lead
anna.price@chesterfc.com